



State of California—Health and Human Services Agency
Department of Health Care Services



EDMUND G. BROWN JR.
GOVERNOR

DATE: October 26, 2018

MHSUDS INFORMATION NOTICE NO.: 18-053

TO: COUNTY BEHAVIORAL HEALTH DIRECTORS
COUNTY DRUG & ALCOHOL ADMINISTRATORS
COUNTY BEHAVIORAL HEALTH DIRECTORS ASSOCIATION OF CALIFORNIA
CALIFORNIA COUNCIL OF COMMUNITY BEHAVIORAL HEALTH AGENCIES
COALITION OF ALCOHOL AND DRUG ASSOCIATIONS
CALIFORNIA ASSOCIATION OF ALCOHOL & DRUG PROGRAM EXECUTIVES, INC.
CALIFORNIA ALLIANCE OF CHILD AND FAMILY SERVICES
CALIFORNIA OPIOID MAINTENANCE PROVIDERS
CALIFORNIA STATE ASSOCIATION OF COUNTIES

SUBJECT: 2019 INTERNATIONAL CLASSIFICATION OF DISEASES, TENTH REVISION (ICD-10) INCLUDED CODE SETS EFFECTIVE OCTOBER 1, 2018 THROUGH SEPTEMBER 30, 2019

SUPERSEDES: [MENTAL HEALTH AND SUBSTANCE USE DISORDER SERVICES INFORMATION NOTICE NO.: 17-004E](#)

REFERENCE: DEPARTMENT OF HEALTH AND HUMAN SERVICES, CODE OF FEDERAL REGULATIONS, TITLE 45, SECTION 162.1002 (EFFECTIVE JANUARY 16, 2009)

The purpose of this Department of Health Care Services (DHCS) Mental Health and Substance Use Disorder Services (MHSUDS) Information Notice (IN) is to inform Mental Health Plans of the Centers for Medicare and Medicaid Services' (CMS) annual update to the International Classification of Diseases, Tenth Revision (ICD-10) diagnosis codes effective October 1, 2018 through September 30, 2019 that are covered for inpatient and outpatient specialty mental health services (SMHS). The IN also provides updates to information provided in MHSUDS IN 17-004E, that are not a result of the CMS annual ICD-10 update. This IN is effective for dates of service on and after October 1, 2018, and supersedes MHSUDS IN 17-004E.

Enclosure 1 lists the ICD-10 diagnosis codes that are covered for **inpatient** SMHS effective October 1, 2018. The table below indicates changes made to Enclosure 1 in comparison to previous guidance issued in MHSUDS IN 17-004E.

**CHANGES TO INCLUDED DIAGNOSES FOR INPATIENT
 SPECIALTY MENTAL HEALTH SERVICES**

| ICD-10 Diagnosis Code | Diagnosis Description ¹ | Change ² |
|-----------------------------|---|--|
| F10.288 | Alcohol Dependence With Other Alcohol-Induced Disorder | <p>These nine diagnosis codes are DELETED from the covered diagnosis list.</p> <p>These nine diagnosis codes were included on the inpatient list enclosed with MHSUDS IN 17-004E. However, upon further review, DHCS is removing these diagnosis codes because they are overly vague, and as such do not sufficiently substantiate the diagnostic component of medical necessity criteria required for acute psychiatric inpatient hospital services.</p> <p>These 17 diagnosis codes are ADDED to the covered diagnosis list.</p> |
| F11.188 | Opioid-Induced Anxiety Disorder With Opioid Use Disorder, Mild | |
| F11.288 | Opioid-Induced Anxiety Disorder With Opioid Use Disorder, Moderate or Severe | |
| F18.188 | Inhalant Abuse With Other Inhalant-Induced Disorder | |
| F18.288 | Inhalant Dependence With Other Inhalant-Induced Disorder | |
| F18.988 | Inhalant Use, Unspecified, With Other Inhalant-Induced Disorder | |
| F19.19 | Other Psychoactive Substance Abuse With Unspecified Psychoactive Substance-Induced Disorder | |
| F19.982 | Other (or Unknown) Stimulant-Induced Sleep Disorder Without Other (or Unknown) Substance Use Disorder | |
| F50.8 | Other Eating Disorders | |
| F18.180 | Inhalant Abuse With Inhalant-Induced Anxiety Disorder | |
| F18.280 | Inhalant Dependence With Inhalant-Induced Anxiety Disorder | |

¹ The information provided in the "ICD-10 Diagnosis Code" and "Diagnosis Description" columns is applicable to covered inpatient SMHS provided on and after October 1, 2017, through September 30, 2018, based on information included in MHSUDS IN 17-004E.

² The information provided in the "Change" column is applicable to covered inpatient SMHS provided on and after October 1, 2018, through September 30, 2019.

| ICD-10 Diagnosis Code | Diagnosis Description ¹ | Change ² |
|-----------------------------|---|---|
| F18.94 | Inhalant Use, Unspecified, With Inhalant-Induced Mood Disorder | These 17 diagnosis codes were omitted from the inpatient list enclosed with MHSUDS IN 17-004E. However, upon further review, DHCS is adding these diagnosis codes because they are appropriate diagnoses to substantiate the diagnostic component of medical necessity criteria required for acute inpatient hospital services. |
| F18.980 | Inhalant Use, Unspecified, With Inhalant-Induced Anxiety Disorder | |
| F41.3 | Other Mixed Anxiety Disorders | |
| F41.8 | Other Specified Anxiety Disorders | |
| F43.8 | Other Reactions to Severe Stress | |
| F43.9 | Reaction to Severe Stress, Unspecified | |
| F44.2 | Dissociative Stupor | |
| F44.89 | Other Dissociative and Conversion Disorders | |
| F45.20 | Hypochondriacal Disorder, Unspecified | |
| F45.29 | Other Hypochondriacal Disorders | |
| F45.8 | Other Somatoform Disorders | |
| F45.9 | Somatoform Disorder, Unspecified | |
| F50.89 | Other Specified Eating Disorder | |
| F84.2 | Rett's Syndrome | |
| F95.0 | Transient Tic Disorder | |
| F15.250 | Stimulant-Induced Psychotic Disorder With Delusions | This diagnosis description is CORRECTED to "Other Stimulant Dependence With Stimulant-Induced Psychotic Disorder With Delusions." |
| F15.950 | Stimulant-Induced Psychotic Disorder With Delusions | This diagnosis description is CORRECTED to "Other Stimulant Use, Unspecified, With Stimulant-Induced Psychotic Disorder With Delusions." |
| F30.13 | Manic Episode Without Psychotic Symptoms, Severe | This diagnosis description is CORRECTED to "Manic Episode, Severe, Without Psychotic Symptoms." |
| F41.0 | Panic Disorder Without Agoraphobia | This diagnosis description is CHANGED to "Panic Disorder [Episodic Paroxysmal Anxiety]." |

| ICD-10 Diagnosis Code | Diagnosis Description ¹ | Change ² |
|-----------------------|------------------------------------|--|
| F53 ³ | Postpartum Depression | This diagnosis code is CHANGED to F53.0 AND ADDED . |
| F63.9 ⁴ | Impulse Disorder, Unspecified | This diagnosis code is CHANGED to F63.89 AND ADDED . |
| None | Puerperal Psychosis | This diagnosis code (F53.1) is NEW AND ADDED . |

Enclosure 2 lists the ICD-10 diagnosis codes that are covered for **outpatient** SMHS effective October 1, 2018. The table below indicates changes made to Enclosure 2 in comparison to previous guidance issued in MHSUDS IN 17-004E.

**CHANGES TO INCLUDED DIAGNOSES FOR OUTPATIENT
 SPECIALTY MENTAL HEALTH SERVICES**

| ICD-10 Diagnosis Code | Diagnosis Description ⁵ | Change ⁶ |
|-----------------------|---|--|
| F40.9 | Phobic Anxiety Disorder, Unspecified | These 24 diagnosis codes are ADDED to the covered diagnosis list. |
| F43.8 | Other Reactions to Severe Stress | |
| F43.9 | Reaction to Severe Stress, Unspecified | |
| F44.2 | Dissociative Stupor | These 24 diagnosis codes were omitted from the outpatient list enclosed with MHSUDS IN 17-004E. However, upon further review, DHCS is adding these diagnosis codes because they are appropriate diagnoses to substantiate the diagnostic |
| F44.89 | Other Dissociative and Conversion Disorders | |
| F45.20 | Hypochondriacal Disorder, Unspecified | |
| F45.21 | Hypochondriasis | |
| F45.29 | Other Hypochondriacal Disorders | |
| F45.9 | Somatoform Disorder, Unspecified | |
| F50.8 | Other Eating Disorders | |

³ F53 was not included in MHSUDS 17-004E, Enclosure 1.

⁴ F63.9 was not included in MHSUDS 17-004E, Enclosure 1.

⁵ The information provided in the "ICD-10 Diagnosis Code" and "Diagnosis Description" columns is applicable to covered outpatient SMHS provided on and after October 1, 2017 through, September 30, 2018, based on information included in MHSUDS IN 17-004E.

⁶ The information provided in the "Change" column is applicable to covered outpatient SMHS on and after October 1, 2018, through September 30, 2019.

| ICD-10 Diagnosis Code | Diagnosis Description ⁵ | Change ⁶ |
|-----------------------------|--|---|
| F50.89 | Other Specified Eating Disorder | component of medical necessity criteria required for outpatient SMHS. |
| F63.89 | Other Impulse Disorders | |
| F64.8 | Other Gender Identity Disorders | |
| F65.89 | Other Paraphilias | |
| F91.0 | Conduct Disorder Confined to Family Context | |
| F94.2 | Disinhibited Social Engagement Disorder | |
| F94.8 | Other Childhood Disorders of Social Functioning | |
| F95.0 | Transient Tic Disorder | |
| F95.1 | Chronic Motor or Vocal Tic Disorder | |
| F95.2 | Tourette's Disorder | |
| F95.8 | Other Tic Disorders | |
| F95.9 | Tic Disorder, Unspecified | |
| F98.8 | Other Specified Behavioral and Emotional Disorders With Onset Usually Occurring in Childhood and Adolescence | |
| F98.9 | Unspecified Behavioral and Emotional Disorders With Onset Usually Occurring in Childhood and Adolescence | |
| F53 ⁷ | Postpartum Depression | This diagnosis code is CHANGED to F53.0 AND ADDED . |
| None | Puerperal Psychosis | This diagnosis code (F53.1) is NEW AND ADDED . |
| F68.1 ⁸ | Factitious Disorder | This diagnosis code is ADDED . Note: if the Factitious Disorder is imposed on someone else, the diagnosis code is F68.A and the diagnosis description is "Factitious Disorder Imposed on Another." |

⁷ F53 was not included in MHSUDS 17-004E, Enclosure 2.

⁸ F68.1 was not included in MHSUDS 17-004E, Enclosure 2.

| ICD-10 Diagnosis Code | Diagnosis Description ⁵ | Change ⁶ |
|-----------------------------|---|---|
| F41.0 | Panic Disorder Without Agoraphobia | This diagnosis description is CHANGED to “Panic Disorder [Episodic Paroxysmal Anxiety].” |
| F68.10 | Factitious Disorder, Unspecified | This diagnosis description is CHANGED to “Factitious Disorder Imposed on Self, Unspecified.” |
| F68.11 | Factitious Disorder With Predominantly Psychological Signs and Symptoms | This diagnosis description is CHANGED to “Factitious Disorder Imposed on Self, With Predominantly Psychological Signs and Symptoms.” |
| F68.12 | Factitious Disorder with Predominantly Physical Signs and Symptoms | This diagnosis description is CHANGED to “Factitious Disorder Imposed on Self, With Predominantly Physical Signs and Symptoms.” |
| F68.13 | Factitious Disorder With Combined Psychological and Physical Signs and Symptoms | This diagnosis description is CHANGED to “Factitious Disorder Imposed on Self, With Combined Psychological and Physical Signs and Symptoms.” |

Questions regarding the content of this MHSUDS IN or its enclosures may be directed to the DHCS Mental Health Services Division, County Support Unit Liaison for your county. A current list of county assignments can be found at <http://www.dhcs.ca.gov/services/MH/Pages/CountySupportUnit.aspx>.

Sincerely,

Original signed by

Brenda Grealish, Acting Deputy Director
 Mental Health & Substance Use Disorder Services

Enclosures